

A GUIDE TO MDI DIMENSIONS, MEASURES, & ITEMS

5 DIMENSIONS OF THE MDI



SOCIAL & EMOTIONAL DEVELOPMENT

MEASURES & ITEMS

- WBI** Optimism
- WBI** Self-Esteem
- WBI** Happiness
- WBI** Absence of Sadness
- WBI** Absence of Worries
- WBI** Self-Regulation (Short-Term)
- MDI 6/7/8** Responsible Decision-Making
- MDI 6/7/8** Self-Awareness
- MDI 6/7/8** Citizenship and Social Responsibility
- MDI 4/5** Concern for the Environment



PHYSICAL HEALTH & WELL-BEING

MEASURES & ITEMS

- WBI** General Health
- AI** Eating Breakfast
- AI** Meals with Adults in Your Family
- AI** Frequency of Good Sleep
- MDI 4/5** Help-Seeking for Emotional Well-Being
- MDI 4/5** Transportation to and from School
- MDI 4/5** Physical Activity
- MDI 4/5** Wake-up & Sleep Time



CONNECTEDNESS

MEASURES & ITEMS

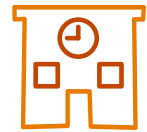
- AI** Adults at School
- AI** Adults in the Neighbourhood
- AI** Adults at Home
- AI** Peer Belonging
- AI** Friendship Intimacy
- MDI 6/7/8** Important Adults



USE OF OUT-OF-SCHOOL TIME*

MEASURES & ITEMS

- AI** Organized Activities
 - Educational Lessons or Activities
 - Youth Organizations
 - Sports
 - Music or Arts
- How Children Spend Their Time (unstructured activities)
- Out-of-School Places
- Neighbourhood Places



SCHOOL EXPERIENCES**

MEASURES & ITEMS

- MDI 6/7/8** Academic Self-Concept
- MDI 6/7/8** School Climate
- MDI 6/7/8** School Belonging
- MDI 6/7/8** Victimization and Bullying

WELL-BEING INDEX

WBI A measure in the Well-Being Index



ASSETS INDEX

AI A measure in the Assets Index



NOTES:

- * Previously called "Use of After-School Time." In 2022/23, this dimension was renamed to reflect changes to the questionnaire.
- ** The School Experiences Dimension is NOT reported on the MDI Dashboard due to sensitivity around some of the data and limitations with the dashboard at this time.
- Measures/items that NOT reported on the MDI Dashboard, but are reported on annual MDI Reports.

MDI 4/5 Measures/items that are on the Grade 4/5 MDI only

MDI 6/7/8 Measures/items that are on the Grade 6/7/8 only