

# THE MIDDLE YEARS DEVELOPMENT INSTRUMENT (MDI)



## The MDI is coming to your school in January/mid-March!

Your district has partnered with the Human Early Learning Partnership (HELP) at the University of British Columbia to measure and promote children's social and emotional health, well-being and assets through the Middle Year Development Instrument (MDI).



### The MDI at a glance

- a self-report questionnaire gathering children's voices in Grade 4 to 8
- measures aspects of children's social and emotional development and well-being that align with the BC Ministry of Education's New Curriculum on Personal and Social Competencies
- developed collaboratively with researchers, educators, community and children
- offers valid and reliable data on children's development and well-being to support action aimed at creating conditions in which children can flourish

### Please keep in mind....

1. The MDI is voluntary: children, parents, teachers and schools are free to withdraw from participating.
2. The MDI data will be provided to your school in a School Report, followed by a School District Report.
3. This is a population-level tool—not an individual assessment.
4. Children's voices matter. The MDI lets children know that we value their thoughts and feelings, and provides an opportunity for self-reflection.

#### HELP UBC Contact:

mdi@help.ubc.ca  
1-888-908-4050 (toll free)  
604-822-1310

#### District Contact:

SEE NEXT PAGE FOR TIMELINE & CHECKLIST



## Important Links

**MDI Administration website**  
(on Discover MDI)  
[discovermdi.ca/  
mdi-administration](https://discovermdi.ca/mdi-administration)

**eMDI website**  
(to administer the survey)  
[mdi.ubc.ca](https://mdi.ubc.ca)

**HELP-UBC website**  
(for more information and School  
District reports)  
<https://earlylearning.ubc.ca/mdi>

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## Timeline & Checklist

OCT

- ☐ Mark your calendars. Schedule your MDI administration date and book your computer lab and/or laptops/tablets.

NOV/DEC

- ☐ Read the [Survey Administrator Letter](#), the [MDI Administration Guide](#) and the [MDI Instructional Survey](#). (these materials are coming soon!)
- ☐ Inform Parents/Guardians! **Distribute Parent/Guardian Informed Passive Consent Letters at least 2 weeks before survey administration** (excluding winter break).  
i.e., to start on January 13, 2026, the opening date of the MDI, letter **must be distributed by mid-December**. Please adjust the administration time of the MDI according to when the parent/guardian letters went home.

JAN/FEB

- ☐ Attend optional training webinar January 8, 2026 at 3:15 pm. To sign up, visit: [Webinar registration link](#)
- ☐ Set up your password to access the eMDI website once you receive your login instructions (see [Administrator Guide](#) for more info - coming soon).
- ☐ [Watch MDI Training Video](#) (~5 minutes)
- ☐ Tell your students about the MDI a week before administering the survey (see the [Administrator Guide](#) for more info - coming soon).
- ☐ Review your Class Lists and add/delete/withdraw students as necessary before the Survey Administration.
- ☐ Print off student logins.
- ☐ Administer the MDI. Students complete the [survey online](#). The survey takes 45-60 minutes to complete. (See [Instructional Survey](#) for more information - coming soon.)
- ☐ Follow-up with student requests for help.
- ☐ Complete the [Survey Administrator Feedback Form](#).

APR

- ☐ School reports are released on our eMDI website.